

PATHE Consultation meeting in Vilnius and Ukmergė, Lithuania : 3. – 7. April 2009



PATHE Associate partner : USEP from France



PATHE Collaborating partner : NEMUNAS from Lithuania



Jean-Claude Arnaud, Pascale Portenart-Bourdier and Dana Kamarauskiene from USEP visited NEMUNAS in Lithuania. Project managers from USEP are members of consultation group. This group is resourceful for NEMUNAS who is in the development stages of implementing a health and physical activity project. The project managers availed themselves to NEMUNAS for feedback, idea exchange, work plan development and funding development.

USEP had a meeting on the Lithuanian Ministry with Inga GERULSKIENE, Chief Specialist of Physical Strategy Division. They discussed different topics, mainly PATHE project and cooperation with NEMUNAS from Lithuania.

USEP working group and NEMUNAS has organised a Conference « School sport and health activities » for more than 50 teachers, trainers and leaders in Ukmergė district. Conference has raised awareness among organisations as to the possibilities for fulfilling integrative approaches on lifestyles within the area of physical activity and health. Conference also encouraged and supported national populations to take responsibility for their own health, and to actively promote the choice of physical activity over a sedentary lifestyle.



USEP working group participated at « a sport and health afternoon » organised by Ukmergė General Council with elected members and Council staff. The second consultation day ended with the traditional basket ball match between Council members, Council staff and PATHE participants.

On the third Consultation day PATHE project managers have got the opportunity to visit Nykstukas kindergarten which has developed a « health project » more than 10 years ago. This kindergarten has 170 children which get the benefits of a psychologist, a social assistant, an orthodontist, a teacher for physical activities who are all fully employed in kindergarten. Each « kids group » is living in a big autonomy and get its own place with a small kitchen for making breakfast.



"PATHE....is a good way of creating partnership »